

CLINICAL PROFILE Virginia “Ginny” Pileggi, MSPT, Cert M.D.T.

Years of Clinical Experience: 32



Virginia Pileggi has spent a lifetime pursuing and delivering exceptional patient care utilizing the art and science of physical therapy. A distinguished member of the medical community, Ginny treats with evidence-based techniques, hands-on skills, and a supportive, patient-centered environment, to create an optimal setting for patients to play an active role in their recovery. She specializes in the rehabilitation of the spine, comprehensive osteoarthritis from early to end-stage, and shoulder complex – scapula thoracic dysfunction. Ginny’s expertise also extends to developing more efficient avenues of treatment to influence superior patient outcomes as attested by her extensive roster of continuing education courses. Her commitment to clinical and service excellence is evidenced each day.

Education and Certifications

- **Masters of Science - Physical Therapy**
Beaver College - 1989
- **Bachelor of Science – Biology**
University of Illinois - 1987
- **McKenzie Certified – Mechanical Diagnosis & Therapy of the Spine - 1998**
- **Continuing Education –** The Management of Meniscal/Cartilage & Massive Rotator Cuff Tears; Supporting your Immune System Through Nutrition – Advise for Patients; Reverse TSA – Surgical Procedure & Evidence Informed Rehabilitation; Evaluation & Treatment of the Painful Hip



Ginny’s Vision... I am passionate about empowering patients with the individual tools they will be able to use to best manage their issues. Whether musculoskeletal, neuromotor or behavioral, I enjoy working as part of a team to provide high quality, “go to” care for all patients.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Sports
- Total Joint Replacement Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

2400 Maryland Road, Suite 20

Willow Grove, PA 19090

Office: 215-657-1115

Fax: 215-657-1848

vpileggi@selectmedical.com