

CLINICAL PROFILE

Zachary Wyrick, PT, DPT



Zachary Wyrick is a valued member of the clinical team who has always had a passion for sports, health and fitness. As a physical therapist, he knows that every patient has unique abilities and goals, requiring skilled, patient-centered treatment to assist them to return to their meaningful and valued activities. To that end, Zach establishes open communication and a team-based approach as he partners with each patient to achieve their goals. Zach creates treatment plans that are realistic to his patients' needs and helps them to achieve real progress, promoting a sense of accomplishment. He has notable success in the treatment of rotator cuff repairs, total shoulder/hip/knee replacement, cervical/lumbar radiculopathy, and fusion as well as ACL reconstructions and Achilles repairs.

Education and Certifications

- **Doctor of Physical Therapy**
Jefferson University - 2024
- **Bachelor of Science**
Saint Joseph University -2020
- **Continuing Education** – Improving Outcomes following ACL Injury; In-Season Management of the Baseball Pitcher; Managing the Injured Runner; Myofascial Decompression (Cupping) for Enhanced Function of the Shoulder

Zach's Vision...As a physical therapist, I strive to foster a collaborative and encouraging environment while providing quality, evidence-based and individualized care with an active treatment approach that educates and empowers patients to attain their personal goals and ultimately improve their quality of life.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- ACL Reconstruction – Return to Play Testing
- Blood Flow Restriction Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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